

M.M. PUBLIC SCHOOL

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"Celebrating 56 Years of Excellence in Education"

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Creating Awareness About the Harmful Effects of Tobacco

Dear Parent(s) / Guardian(s),

We hope this message finds you in good health and high spirits.

As part of our commitment to the well-being of our students and the community, we are conducting an awareness campaign on the **harmful effects of tobacco**. The objective is to educate children about the dangers of tobacco use and the importance of a healthy, smoke-free environment.

Tobacco use is one of the leading causes of preventable diseases and premature deaths. It not only affects the user but also those exposed to second-hand smoke, especially children, who are more vulnerable to its effects.

We kindly request your cooperation in the following:

- 1. Talk to your child about the dangers of tobacco and discourage its use in any form.
- **2. Set a positive example** by avoiding tobacco products and promoting a healthy lifestyle at home.
- **3. Be vigilant** of your child's habits and peer group.
- **4.** Together, let us ensure a safer, healthier future for our children.

Thank you for your support

Principal